

**ΒΑΘΜΟΛΟΓΙΚΗ ΚΛΙΜΑΚΑ ΑΓΩΝΙΣΜΑΤΩΝ ΓΙΑ ΤΟΥ ΥΠΟΨΗΦΙΟΥΣ ΤΩΝ Τ.Ε.Φ.Α.Α.**

| <b>ΒΑΘΜΟΣ</b> | <b>ΑΓΟΡΙΑ</b>  |                 |                 |                        | <b>ΒΑΘΜΟΣ</b> | <b>ΚΟΡΙΤΣΙΑ</b> |                 |                 |                        | <b>ΒΑΘΜΟΣ</b> |
|---------------|----------------|-----------------|-----------------|------------------------|---------------|-----------------|-----------------|-----------------|------------------------|---------------|
|               | Δρόμος 400m    | Σφαίρα 6kgr     | Άλμα σε μήκος   | Κολύμβηση 50m ελεύθερο |               | Δρόμος 200m     | Σφαίρα 4kgr     | Άλμα σε μήκος   | Κολύμβηση 50m ελεύθερο |               |
| <b>20</b>     | μέχρι 52" 0    | 14.00μ και πάνω | 6. 20μ και πάνω | μέχρι 29" 0            | <b>20</b>     | μεχρι 26" 5     | 11.00μ και πάνω | 5. 15μ και πάνω | μέχρι 31" 0            | <b>20</b>     |
| <b>19</b>     | 52" 1 - 52" 5  | 13.60 - 13.99μ  | 6. 05 - 6. 19μ  | 29" 1 - 30" 0          | <b>19</b>     | 26" 6 - 27" 0   | 10.60 - 10.99μ  | 5. 00 - 5. 14μ  | 31" 1 - 32" 0          | <b>19</b>     |
| <b>18</b>     | 52" 6 - 53" 0  | 13.20 - 13.59μ  | 5. 90 - 6. 04μ  | 30" 1 - 31" 0          | <b>18</b>     | 27" 1 - 27" 5   | 10.20 - 10.59μ  | 4. 85 - 4. 99μ  | 32" 1 - 33" 0          | <b>18</b>     |
| <b>17</b>     | 53" 1 - 53" 5  | 12.80 - 13.19μ  | 5. 75 - 5. 89μ  | 31" 1 - 32" 0          | <b>17</b>     | 27" 6 - 28" 0   | 9.80 - 10.19μ   | 4. 70 - 4. 84μ  | 33" 1 - 34" 0          | <b>17</b>     |
| <b>16</b>     | 53" 6 - 54" 0  | 12.40 - 12.79μ  | 5. 60 - 5. 74μ  | 32" 1 - 33" 0          | <b>16</b>     | 28" 1 - 28" 5   | 9.40 - 9.79μ    | 4. 55 - 4. 69μ  | 34" 1 - 35" 0          | <b>16</b>     |
| <b>15</b>     | 54" 1 - 54" 5  | 12.00 - 12.39μ  | 5. 45 - 5. 59μ  | 33" 1 - 34" 0          | <b>15</b>     | 28" 6 - 29" 0   | 9.00 - 9.39μ    | 4. 40 - 4. 54μ  | 35" 1 - 36" 0          | <b>15</b>     |
| <b>14</b>     | 54" 6 - 55" 0  | 11.60 - 11.99μ  | 5. 30 - 5. 44μ  | 34" 1 - 35" 0          | <b>14</b>     | 29" 1 - 29" 5   | 8.60 - 8.99μ    | 4. 25 - 4. 39μ  | 36" 1 - 37" 0          | <b>14</b>     |
| <b>13</b>     | 55" 1 - 55" 5  | 11.20 - 11.59μ  | 5. 15 - 5. 29μ  | 35" 1 - 36" 0          | <b>13</b>     | 29" 6 - 30" 0   | 8.20 - 8.59μ    | 4. 10 - 4. 24μ  | 37" 1 - 38" 0          | <b>13</b>     |
| <b>12</b>     | 55" 6 - 56" 0  | 10.80 - 11.19μ  | 5. 00 - 5. 14μ  | 36" 1 - 37" 0          | <b>12</b>     | 30" 1 - 30" 5   | 7.80 - 8.19μ    | 3. 95 - 4. 09μ  | 38" 1 - 39" 0          | <b>12</b>     |
| <b>11</b>     | 56" 1 - 56" 5  | 10.40 - 10.79μ  | 4. 85 - 4. 99μ  | 37" 1 - 38" 0          | <b>11</b>     | 30" 6 - 31" 0   | 7.40 - 7.79μ    | 3. 80 - 3. 94μ  | 39" 1 - 40" 0          | <b>11</b>     |
| <b>10</b>     | 56" 6 - 57" 0  | 10.00 - 10.39μ  | 4. 70 - 4. 84μ  | 38" 1 - 39" 0          | <b>10</b>     | 31" 1 - 31" 5   | 7.00 - 7.39μ    | 3. 65 - 3. 79μ  | 40" 1 - 41" 0          | <b>10</b>     |
| <b>09</b>     | 57" 1 - 57" 5  | 9.60 - 9.99μ    | 4. 55 - 4. 69μ  | 39" 1 - 40" 0          | <b>09</b>     | 31" 6 - 32" 0   | 6.60 - 6.99μ    | 3. 50 - 3. 64μ  | 41" 1 - 42" 0          | <b>09</b>     |
| <b>08</b>     | 57" 6 - 58" 0  | 9.20 - 9.59μ    | 4. 40 - 4. 54μ  | 40" 1 - 41" 0          | <b>08</b>     | 32" 1 - 32" 5   | 6.20 - 6.59μ    | 3. 35 - 3. 49μ  | 42" 1 - 43" 0          | <b>08</b>     |
| <b>07</b>     | 58" 1 - 58" 5  | 8.80 - 9.19μ    | 4. 25 - 4. 39μ  | 41" 1 - 42" 0          | <b>07</b>     | 32" 6 - 33" 0   | 5.80 - 6.19μ    | 3. 20 - 3. 34μ  | 43" 1 - 44" 0          | <b>07</b>     |
| <b>06</b>     | 58" 6 - 59" 0  | 8.40 - 8.79μ    | 4. 10 - 4. 24μ  | 42" 1 - 43" 0          | <b>06</b>     | 33" 1 - 33" 5   | 5.40 - 5.79μ    | 3. 05 - 3. 19μ  | 44" 1 - 45" 0          | <b>06</b>     |
| <b>05</b>     | 59" 1 - 59" 5  | 8.00 - 8.39μ    | 3. 95 - 4. 09μ  | 43" 1 - 44" 0          | <b>05</b>     | 33" 6 - 34" 0   | 5.00 - 5.39μ    | 2. 90 - 3. 04μ  | 45" 1 - 46" 0          | <b>05</b>     |
| <b>04</b>     | 59" 6 - 60" 0  | 7.60 - 7.99μ    | 3. 80 - 3. 94μ  | 44" 1 - 45" 0          | <b>04</b>     | 34" 1 - 34" 5   | 4.60 - 4.99μ    | 2. 75 - 2. 89μ  | 46" 1 - 47" 0          | <b>04</b>     |
| <b>03</b>     | 60" 1 - 60" 5  | 7.20 - 7.59μ    | 3. 65 - 3. 79μ  | 45" 1 - 46" 0          | <b>03</b>     | 34" 6 - 35" 0   | 4.20 - 4.59μ    | 2. 60 - 2. 74μ  | 47" 1 - 48" 0          | <b>03</b>     |
| <b>02</b>     | 60" 6 - 61" 0  | 6.80 - 7.19μ    | 3. 50 - 3. 64μ  | 46" 1 - 47" 0          | <b>02</b>     | 35" 1 - 35" 5   | 3.80 - 4.19μ    | 2. 45 - 2. 59μ  | 48" 1 - 49" 0          | <b>02</b>     |
| <b>01</b>     | 61" 1 - 61" 5  | 6.40 - 6.79μ    | 3. 35 - 3. 49μ  | 47" 1 - 48" 0          | <b>01</b>     | 35" 6 - 36" 0   | 3.40 - 3.79μ    | 2. 30 - 2. 44μ  | 49" 1 - 50" 0          | <b>01</b>     |
| <b>00</b>     | 61" 6 και πάνω | μέχρι 6.39μ     | μέχρι 3. 34μ    | 48" 1 και πάνω         | <b>00</b>     | 36" 1 και πάνω  | μέχρι 3.39μ     | μέχρι 2. 29μ    | 50" 1 και πάνω         | <b>00</b>     |